

## Wallington 10k - 12th September 2010

Met with Deane in the queue for numbers and waited and then waited a bit more as the queue grew longer behind us. When we got to the front we realised why it was taking so long.

The girl asked Deane his name which he gave in full and said he was a Stocksfield Strider, they then tried to give him a number belonging to an Elvet Strider called Dave Walker, who I know and looks nothing like Deane!

By the time we both had our numbers the queue was through the clock tower and making its way steadily back towards the car parks!

After going back to our cars to get sorted we met Julian and Lesley. Once they had their numbers we started the walk up to the start in Cambo. Julian, who by this time was getting a bit hyper, and Deane jogged up to the start. Remarkably, given the hill, by the time I got there with Lesley Julian was still bouncing around! Also at the start were Phillip Hindmarsh and his wife Maria.

The start was slightly delayed, probably because of the numbers problem, but after a quick H&S briefing from the organiser we were off.

The first 1.5k of the course is a quick downhill followed by a decent flat up to about 3.5k when you turn a corner and met by a long hill. I got off to a good start making the most of the downhill and stayed with Deane until just after the 4k when he started pulling away.

The hill continued up past the half way mark where there was a welcome water station and just as you think it's flattening out at Scot's Gap another long hill faces you on the way back to Cambo. It's one of those deceptive hills that looks like it's levelling out only for the crest to reveal yet another up bit! I found the 4th and 5th miles a struggle but was dragged along by encouragement from a couple of Blyth RC runners (thanks ladies!)

You get to Cambo after about 8k and then you can look forward to repeating the first downhill 1k back to the Hall and the finish just after the clock tower.

A good race and quite a tough course but one I will look forward to doing again and at least I'll know about those hills next time.

David Reed

### Official Results

Deane Graham 49.33

David Reed 52.10

Julian Bates 53.05

Phillip Hindmarsh 57.10

Lesley Reed 65.52

